

The Equestrian SA Coach Committee

presents an Evening Seminar with



Geof Boylan-Marsland who is a Senior Psychologist at the South Australia Sports Institute and with his own practice - *mind matters psychology*

Wednesday 6th July at 7.00pm – 9.30pm

Mary Walker Hall, CWA, Dequetteville Terrace, Adelaide

\$20 early bird payment by 17th June 2016

Or

\$30 on the night at the door — Bookings essential

Refreshments available on the night

Geof has already presented two very enjoyable and interesting seminars for our Youth EXPO attendees. His views and expertise are about managing your own mind - *mindful-acceptance based intervention* – for sporting success and for getting the best out of yourself and to realize your best outcomes.

This presentation is for riders, coaches, judges and anyone else who wants to know how modern thinking can help build success and confidence in your sport.

Professional Biography

Geof Boylan-Marsland is the Senior Psychologist at the South Australian Sports Institute (SASI) in Adelaide and has been working as a psychologist in high performance sport for the last 12 years. He is a graduate of Deakin University, completing a Bachelor of Science (Psychology) and also earned a Master of Psychology in Sport/Performance psychology from University of Western Sydney.

His responsibilities at SASI include working with athletes, teams and coaches in rowing, cycling (track & road), BMX, kayaking, track & field, swimming, netball, gymnastic-trampoline and athletes with a disability (AWD - Paralympic athletes). He also runs a very busy private practise (Mind Matters Psychology) in Western Adelaide, working with athletes and teams in variety of sports including netball, officiating, BMX, cycling, athletics, bowling, swimming, golf and gymnastics and is currently working with the Adelaide Thunderbirds Netball Team and Australian 'Diamonds' netballers.

Geof has worked with Olympian/Paralympian Medallists and World Champions in sprint & endurance track cycling, road cycling, track & field, equestrian, shooting, table tennis and BMX. He is also involved with coach's professional development programs at SASI and for a range of National Sporting Organisations. He also works with business people, students and corporate sector to get the best out of themselves and realize best outcomes.

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EQUESTRIAN
SOUTH AUSTRALIA

Registration Form

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NAME: _____

Equestrian SA Membership No: _____ (if applicable)

ADDRESS: _____

SUBURB _____ Post-
code _____

PHONE: _____ Mobile: _____

EMAIL: _____

Early Bird payment by 17th June 2016Tickets @ \$20.00 each

Payment on the night at the door.....Tickets @ \$30.00 each

PLEASE COMPLETE FOR PAYMENT BY CREDIT CARD—POST TO EQUESTRIAN SA														
TYPE OF CARD (Please circle)	VISA					MASTERCARD					EXPIRY DATE			
NAME ON CREDIT CARD														
CARDHOLDER SIGNATURE														
CARD NUMBER														

I enclose payment of \$_____ Cheque (attached) or card details (costs include GST)

Note: **Cheques to be made payable to Equestrian SA** 1.80% fee applies to credit card payments

Please forward to: Equestrian SA Unit 10, 2 Cameron Rd, Mount Barker SA 5251

Phone: (08) 8391 0488 Fax: (08) 8391 5799 Email: coordinator@equestriansa.com.au