

The Official Magazine
of the **South Australian**
Dressage Clubs and Dressage SA

Moving **FORWARD**

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Emma Woolman Photography



2022 SA STATE DRESSAGE CHAMPIONSHIPS

Preliminary Champion - Equestrian SA Champion Trophy

DressageSA EA AOR Champion - Dressage SA Trophy

AOR Preliminary Champion

AOR Novice Champion

Elizabeth Haggett riding Finesse



SA Dressage Clubs

Adelaide Hills Dressage Club

Sally Wells 0429 190 653

Dressage Club of SA

Peter Oborn 0429 825 638

Eyre Peninsula Dressage Club

Margot McDonald 0429 825 638

Mid South East Dressage Club

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Mt Crawford Dressage Club

Veronica Hannam 0414 508 783

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South Eastern Dressage Association

Robyn Parker seda7@live.com.au

Southern Vales Dressage Club

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Southern Flinders Dressage Club

Ali Kirkman southernflindersdc@hotmail.com.au

Clare Valley Dressage Club

Alex Chapman 0408 728 264

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 Ruth Schneeberger
 Samantha Dossett

Selectors: Liz Duncan
 Jen Gilligan

DSA Dressage Judges' Sub-Committee

Email: dressagejudge@equestriansa.com.au

The Dressage Judges' Sub-Committee is a Sub-Committee of the ESA Dressage Committee. Current members are Liz Duncan (Chair), Verity Hayman, Fiona Heyesen and Tracy Tillman.

Queries about rules, seminars / events or becoming a Judge can be directed to members of the Sub-Committee: either Liz Duncan (e.duncan@bigpond.net.au) or other members. Our group email address is dressagejudge@equestriansa.com.au.

The objectives of the DSA-DJSC are to ensure all Judge and Official re-accreditation requirements can be met on an annual basis, recruit new Judges and Officials into the sport of Dressage and to educate our Judges and riders as to the requirements of the sport.

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Moving Forward is available as a free PDF download through Adelaide Hills Dressage Club's website, most other SA Dressage Clubs' websites and the Equestrian South Australia website.

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- Emma Woolman Photography

Cover: Elizabeth Haggett riding *Finesse* at the 2022 State Dressage Championships

Disclaimer

Views expressed in this publication are not necessarily those of Equestrian South Australia, its constituent clubs, or the Editor of Moving Forward.

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NEXT ISSUE CLOSING DATE

25 July 2022

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Helmet Tagging

A reminder that helmet tagging is compulsory for Dressage from the 1st July 2022.

Information on the current approved safety helmets can be found at:

<https://www.equestrian.org.au/content/current-approved-safety-standards-helmets>

2022 SA Dressage Clubs Calendar

Results from this event count towards SA Squad selection and HOTY

Competitions that are running FEI tests

As at: 15/05/2022

HOTY events must include: Competitive - FEI Open, AOR, Pony & Youth (2 tests @ each level)

Young Horse			Para tests
June	Club	Competition Type	Venue / Classification
4	Judges' Seminar	D/E update	
5	South Australian Dressage Association	TBA	TBA
12	Adelaide Hills Dressage Club	Competitive / Participation / FEI / Closed Unrestricted	Strathalbyn
18	Mt Crawford Dressage Club	Closed Unrestricted	MCDC Grounds
18	Clare Valley Dressage Club	Competitive / Participation / Closed Unrestricted / PARA / HOTY (EA only)	Clare Showgrounds
19	Southern Flinders Dressage Club	1st Round Winter Series - Competitive / CUR / HOTY (EA only)	Murray Town
19	South Eastern Dressage Association	Closed Restricted (Club Day)	Mount Gambier
19	Southern Vales Dressage Club	Indoor - Competitive, FEI only HOTY	McLaren Park
26	Mid South East Dressage Club	Closed Restricted	TBA
26	South Australian Dressage Association	Coaching	NEC Indoor Arena Argent Rd Penfield
July	Club	Competition Type	Venue / Classification
3	South Australian Dressage Association	TBA	TBA
3	South Eastern Dressage Association	South Eastern Showdown Round 4 - Competitive	Mount Gambier
10	Adelaide Hills Dressage Club	Closed Unrestricted	Strathalbyn
10	Clare Valley Dressage Club	Closed Unrestricted	Clare Showgrounds
16	Mt Crawford Dressage Club	Closed Unrestricted	MCDC Grounds
17	Southern Flinders Dressage Club	Closed Unrestricted Winter Series Round 2	Murray Town
17	Southern Vales Dressage Club	Closed Unrestricted	Aldinga
23	Judges' Seminar	G/F	Naracoorte - TBC
24	Mid South East Dressage Club	Competitive / Participation / Closed restricted	TBA
24	South Australian Dressage Association	Coaching	NEC Indoor Arena Argent Rd Penfield
31	South Australian Dressage Association	Clinic	TBA
August	Club	Competition Type	Venue / Classification
7	South Australian Dressage Association	TBA	TBA
7	South Eastern Dressage Association	Closed Restricted (Club Day) / Clinic	Mount Gambier
7	Clare Valley Dressage Club	Closed Unrestricted	Clare Showgrounds
14	Adelaide Hills Dressage Club	Competitive / Participation / Closed Unrestricted + PARA	Strathalbyn
21	Southern Flinders Dressage Club	Competitive Participant Winter Series Round 3	Murray Town
21	Southern Vales Dressage Club	Competitive / Participation / Closed Unrestricted	Aldinga
28	Mid South East Dressage Club	Club Day	TBA

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As at: 15/05/2022

HOTY events must include: Competitive - FEI Open, AOR, Pony & Youth (2 tests @ each level)

Young Horse			Para tests
Sept	Club	Competition Type	Venue / Classification
1-4	NSW Dressage Champs	SIEC	Interstate Competition
4	South Australian Dressage Association	TBA	TBA
4	Adelaide Hills Dressage Club	Closed Unrestricted / Golden Oldies	Strathalbyn
11	Clare Valley Dressage Club	Closed Unrestricted	Clare Showgrounds
11	South Eastern Dressage Association	Closed Restricted (Club Day)	Mount Gambier
17	Mt Crawford Dressage Club	Charity Day - Closed Unrestricted	MCDC Grounds
14-17	Brisbane CDIW+CDIY and Qld State Championships	QSEC, Caboolture, Qld	Interstate Competition
18	Southern Vales Dressage Club	Competitive / Participation/ Closed Unrestricted/AOR	Aldinga & EA HOTY
24-25	Mid South East Dressage Club	SA Country Dressage Champs / Competitive / FEI / HRCV / AOR	Naracoorte & HOTY
October	Club	Competition Type	Venue / Classification
2	Dressage Club of SA	Competitive / Participation / Closed Unrestricted	Cromwell Park
2	South Australian Dressage Association	TBA	TBA
TBA	Kingston Show	Dressage Classes	Kingston SE
TBA	Mil-Lel Ag Show	Dressage Classes	Mil-Lel
8&9	Adelaide Hills Dressage Club	Spring Festival - Competitive / Participant / FEI / Young Horse / AOR	Strathalbyn & HOTY
16	Southern Vales Dressage Club	Club Championships - Closed Restricted	Aldinga
16	Southern Flinders Dressage Club	Club Championships - Closed Restricted	Murray Town
16	Naracoorte Ag Show	Closed Restricted	Naracoorte
13-16	Australian National Dressage Championships	Boneo Park	Interstate Competition & HOTY
20-23	Australian International 3 Day Event	Australian International 3 Day Event	Adelaide
29	Mt Crawford Dressage Club	Closed Unrestricted	MCDC Grounds
28-30	AOR National Dressage Championships	SIEC	Interstate Competition & AOR HOTY
November	Club	Competition Type	Venue / Classification
TBA	Millicent Show Society	Competitive / Participation	Millicent
6	South Australian Dressage Association	TBA	TBA
10-13	Equitana		Melbourne Showgrounds
13	Adelaide Hills Dressage Club	Closed Unrestricted	Strathalbyn
13	South Eastern Dressage Association	Closed Restricted (Club Day) and clinic	Mount Gambier
13	Clare Valley Dressage Club	Club Championship Closed Restricted	Clare Showgrounds
20	Southern Vales Dressage Club	Closed Unrestricted	Aldinga
20	Southern Flinders Dressage Club	Closed Unrestricted	Murray Town
20	Dressage Club of SA	Competitive / Participation / FEI	Cromwell Park
26	Mt Crawford Dressage Club	Competitive / Participation / FEI / YH	MCDC Grounds & HOTY
27	Southern Vales Dressage Club	Closed Unrestricted	Aldinga
27	Mid South East Dressage Club	Club Day	TBA

2022 SA Dressage Clubs Calendar

Results from this event count towards SA Squad selection and HOTY

Competitions that are running FEI tests

As at: 15/05/2022

HOTY events must include: Competitive - FEI Open, AOR, Pony & Youth (2 tests @ each level)

Young Horse			Para tests
December	Club	Competition Type	Venue / Classification
4	South Australian Dressage Association	Closed Restricted – Club Championships	TBA
4	South Eastern Dressage Association	Closed Unrestricted (Club Day)	Mount Gambier
4	Southern Flinders Dressage Club	Closed Unrestricted	Murray Town
8-11	Victorian Dressage Festival	Werribee, Victoria	Interstate Competition
10	Mt Crawford Dressage Club	Competitive afternoon & Under lights CUR & Freestyles	MCDC Grounds
11	Adelaide Hills Dressage Club	Competitive / Participation / Closed Unrestricted	Strathalbyn
11	Clare Valley Dressage Club	CUR Christmas Celebration Freestyles and Pas De Deux	Clare Showgrounds
18	Southern Vales Dressage Club	Closed Unrestricted	Aldinga



National Dressage Education Calendar By the Judges' Sub-Committee



NATIONAL CALENDAR OF DRESSAGE SEMINARS/WORKSHOPS/PRACTICAL EXAMS As at 1/5/2022



DATE	HOST	LOCATION	LEVEL	Seminar, Workshop or Exam	PRESENTER	CONTACT	COMMENTS
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Seminars/Workshop are Face to Face unless o'wise stated

Key	G/F/E	D/C	B/A	Young Horse	Para Dressage	Stewards	Mentor	All
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MAY 2022

Sunday 1st	DNSW	SIEC	All	Workshop	Katrina Wuerst	Kay Barney kay@scribblypark.com.au	Face to Face
Wed 4th	DNSW	Zoom	C&D	Seminar Theory	Jobina Kennedy	Kay Barney kay@scribblypark.com.au	Zoom
Thurs 5th	DNSW	Zoom	E,F,G	Seminar Theory	Sue Cunningham/Kristen Closson	Kay Barney kay@scribblypark.com.au	Zoom
Sat/Sun 7th/8th	QLD	Townsville	G/F	Super G&F seminar	Liz Coe	Liz Coe coeliz@inet.net.au	Face to Face
Sun 15th	DNSW	AELEC Tamworth	C/D/E /F/G	Seminar Practical	Sue Cunningham/Kristen Closson	Kay Barney kay@scribblypark.com.au	Face to Face
Wed 18th	VIC	Webinar	All	Leg Yield Workshop	Jo Graham	lee.howells18@gmail.com https://www.trybooking.com/BXVH5	Webinar
Fri 20th	QLD	QSEC	YH	YOUNG Horse seminar	Mary Seefried	Liz Coe coeliz@inet.net.au	Face to Face
Sat 21st	QLD	QSEC, Cabooture	C/D	Seminar	Maria Schwennesen	Liz Coe coeliz@inet.net.au	Face to Face
Fri 20th	NT	NT	F-D	Theory	Adam Riess	dressage@ent.org.au	Face to Face
Sat 21st	NT	NT	F-D	Practical	Adam Riess	dressage@ent.org.au	Face to Face

NATIONAL CALENDAR OF DRESSAGE SEMINARS/WORKSHOPS/PRACTICAL EXAMS
As at 1/5/2022

Sat 21 st	Vic	Werribee Park NEC	C&D	C&D Seminar	Jobina Kennedy	lee.howells18@gmail.com	Face to Face
Sun 22 nd	Vic	Werribee Park NEC	E&F	E&F Seminar	Jobina Kennedy	lee.howells18@gmail.com	Face to Face
Tues 24 th	WA	State Equestrian Centre	All	Through the levels masterclass Medium to Advanced	Nadine Merewether	nadineherbet@icloud.com	Face to Face
Wed 25 th	Vic	Zoom	All	Theory revision	Lee Howells Jane Ventura	lee.howells18@gmail.com	Zoom
JUNE 2022							
Sat 4 th	SA	Cromwell Park Verdun	D/E	E&D seminar	Jane Ventura	Liz Duncan e.duncan@bigpond.net.au	Face to Face
Wed 15 th	QLD	Zoom	All	What if scenarios	Anita Barton	coeliz@inet.net.au	Zoom
Sun 19 th	WA	State equestrian Centre	E&D	E&D seminar	Wendy Barker	nadineherbet@icloud.com	Face to Face
Sat 25 th	QLD	Cairns	G/F/E	Seminar	Trish Sellers, Irene Bakels-Noreen	Liz Coe coeliz@inet.net.au	Face to Face
July 2022							
Sat 2 nd	DNSW	Young	E/F/G	Seminar Practical	Jobina Kennedy	Kay Bamey kay@scribblypark.com.au	Face to Face
Tues 12 th	EADOC	Zoom	JE	JE workshop	EADOC	lee.howells18@gmail.com	Zoom
Wed 13 th	WA	State Equestrian Centre	All	Through the levels masterclass FEI	Nadine Merewether	nadineherbet@icloud.com	Face to Face
Wed 13 th	DNSW	Zoom	C&D	Seminar theory part 1	Jobina Kennedy	Kay Bamey kay@scribblypark.com.au	Zoom
Sat 16 th	DNSW	SIEC	C&D	Seminar practical part 2	Jobina Kennedy	Kay Bamey kay@scribblypark.com.au	Face to Face
Sun 17 th	DNSW	SIEC	E&F	Exams	TBA	Kay Bamey	Face to Face

NATIONAL CALENDAR OF DRESSAGE SEMINARS/WORKSHOPS/PRACTICAL EXAMS
As at 1/5/2022

						kay@scribblypark.com.au	
Sun 17 th	QLD	QSEC Caboolture	A&B	A&B Seminar	Maria Schwennesen	Liz Coe coeliz@inet.net.au	Face to Face
Sat 23 rd	SA	Naracoorte	G/F	G&F Seminar	TBA	Liz Duncan e.duncan@bigpond.net.au & MSED Club	Face to Face
AUGUST 2022							
Sun 17 th	QLD	Gladstone	G/F/E	G/F/E Seminar	Ricky McMillan	Liz Coe coeliz@inet.net.au	Face to Face
SEPTEMBER 2022							
Fri 16 th	QLD	QSEC Caboolture	A&B	A&B seminar	Susie Hoevenaars	Liz Coe coeliz@inet.net.au	Face to Face
OCTOBER 2022							

The live version of the National Dressage Judges' Seminar/Workshop Calendar is available at:
<https://www.equestrian.org.au/officials/calendar>

2022 CLINIC CALENDAR

Manuela McLean

For further information and updates about 2021 clinics: Pam Reid 0433 211 028

Thomas Muehlenbeck

14 - 19 June

31 August to 4 September

30 November to 4 December

Charlotte Balfour-Rischbieth 0402 489 944

Ron Paterson

Ron is a Level 3 Coach / Coach Educator, retired A Level Judge/Judge Educator. He has a great "eye"; he insists on getting the basics correct and gets to the problem that may be holding you back. Ron is happy to help *any level* of horse and rider.

For further information and updates about 2021 clinics: Helen Whittle 0414 881 606 hw@senet.com.au



Dressage Judge Activities Update

By Verity Hayman

Judges' Education Opportunities

The following Seminars are planned for 2021:

- D / E Seminar – 4th June with Jane Ventura at Cromwell Park
- G / F Seminar – 23rd July – South East.

Riders and spectators are welcome to attend any of the Judge Education Seminars. They are a great opportunity to learn what Judges can see and how marks are awarded.

A / B / C Seminar & Young Horse Seminar

Thank you to Ricky MacMillan for conducting the Seminar at Cromwell Park and to the riders who participated in the demonstration tests.

Congratulations

Congratulations to Tracey Tillman on passing her F-level Judge's exam at the State Championships.

G-level Zoom Call

Navigating the requirements to become a G-Level Judge and the record keeping to maintain accreditation can be daunting. To help answer any questions about how to become a Judge or the requirements for accreditation we will be holding another Zoom session. Judges or anyone interested in become a Judge are welcome to attend. Register your interest by emailing dressagejudge@equestriansa.com.au

Helmet Tagging

A reminder that helmet tagging is compulsory for dressage from the 1st July 2022. Information on the current approved safety helmets can be found at:

<https://www.equestrian.org.au/content/current-approved-safety-standards-helmets>

Verity Hayman

Lindy Wright Memorial Award

This award is made by the Committee of the LINDY WRIGHT MEMORIAL FOUNDATION to a person who is a “Quiet Achiever, striving for excellence in Dressage in South Australia”. The Award has been made each year since 2010 and is presented at the AHDC Spring Festival. This year however there is no Spring Festival so the venue remains TBA.

Please note: People may be nominated by a single person, by groups of people, by Clubs or Committees. The Committee of the Lindy Wright Memorial Foundation reserves the right to put forward nominees they may consider deserving of consideration. This Committee also reserves the right to withhold the Award in any year at their discretion. All nominations will be treated in the strictest confidence and the Committee’s decision will be final.

Nomination Form

This nomination applies to the Award for 2022. Information provided should demonstrate currency for 2021 - 2022, but also may include relevant information from previous years.

Nominate a member of the Dressage community who you believe has fulfilled the criteria for the award. Please provide as much detail as possible.

NOMINEE (the person you would like to nominate)

Title (Mr, Mrs, Ms etc) **First Name** **Surname**

Address

Suburb **State** **Post Code**

Tel (H) **Tel (W)** **Tel (M)**

Email

Areas of Excellence ----- In what area(s) has the nominee excelled? You may tick more than one box

- | | | | |
|--|--|---------------------------------------|---|
| ☐ Horsemanship | ☐ Sportsmanship | ☐ Rider Skill | ☐ Inspirational Role Model |
| ☐ Achievement in dressage competition | ☐ Sharing Knowledge | ☐ Volunteering | ☐ Other |

Tell us about your nominee

Please write at least 100 words. If you require more space please write on a separate piece of paper and attach it to this form. Use the following as a guide to describe how the nominee has excelled in the areas you have indicated.

How have they shown excellence in the area of horsemanship?

How have they shown excellence in the area of sportsmanship?

Give examples that demonstrate their Rider Skills

How have they demonstrated excellence in the dressage competition field, what achievements have they attained?

Why do you believe that they are an inspirational role model?
How have they demonstrated Sharing of Knowledge? (This section includes Coaching & Judge Education)
Give examples of the volunteering roles they undertake (eg. Committee membership, judging, pencilling, administration etc.)
What else would you like to tell us about your nominee?

NOMINATOR (your details)

Title (Mr, Mrs, Ms etc) First Name Surname

Address

Suburb State Post Code

Tel (H) Tel (W) Tel (M)

Email

REFEREE (optional – this information will help us if your nominee is short-listed. This person may be contacted for further information).

Title (Mr, Mrs, Ms etc) First Name Surname

Address

Suburb State Post Code

Tel (H) Tel (W) Tel (M)

Email

Signature Date

Nomination Forms will also be available on Dressage Club websites, on the EA-SA website, or by email from:

Sue Thornley thornleyis@bigpond.com

Liz Duncan e.duncan@bigpond.net.au

NOMINATIONS WILL CLOSE ON Sunday 11 September 2022.

The presentation will be at the Adelaide Hills Dressage Club's Spring Festival on 8 and 9 October 2022.

Please post to: Sue Thornley PO Box 206 Lucindale SA 5272

or email to her address above.

Boost Your Competition Confidence - Part 2

By Pam Reid

The last article looked at the reason behind nerves and how our focus and language influence our feelings about a situation. Once we understand what is going on inside our heads, we can add in some easy strategies to change our mind from fear and nerves to absolute performance confidence, in any situation!

In this article I will share some NLP (Neuro Linguistic Programming) techniques to help boost your confidence.

(1) Visualisation

One of the most effective ways of building confidence is to visualise the event running successfully. Our brain doesn't know the difference between real or fake and whatever you imagine will feel real to your brain. When it feels real to your brain, it will feel real to your body. This is where fear can expand. If you fear and imagine the worst happening, your body will respond! Have you ever had a time where you imagined eating your favourite food and your mouth has started salivating? This is how strong our mind body connection is. Amazing!

Some tips to help visualise the successful points of your competition or ride:

Imagine your test going right

Every time you think about your test, create a picture that sees every moment going right. Keep control of your thoughts and keep on track of what you want to happen. Sometimes those thoughts of 'what if' can sneak in...don't let them. Scratch them out and push those positive thoughts back in.

First, imagine looking through your own eyes

Imagine riding the test looking through your own eyes (associated) in that you see what you will see when you ride. So, include seeing your horse's ears as if you are riding, imagine riding down the centreline and seeing the Judge at the other end.

It's really key that the visualisation is vivid and includes each movement of the test – this will help with memorising the test as well! Include what you will see, what you will hear and what you will feel.

Second, watch yourself in a movie

The second part of visualising is to take the image you've created of yourself and project it out onto a screen, as if you are watching yourself in a movie (disassociated). By doing this, you'll be in no doubt that it's you riding this fantastic dressage test!

Ramp it up

In both these visualisations we now want to increase everything. Make the images brighter, closer, bigger. Make the sounds louder, closer. Make the feelings as strong as they can be how do you want to feel when you are riding? What emotions do you want to be present?

(2) Anchoring

Have you ever smelt a perfume and been instantly reminded of a loved one? It's their signature perfume! That is an anchor. When something like a smell, a sound, a place, or a touch is associated with something else. Including anchoring before a test is an amazing way to bring instant confidence.

All it requires to set a song as an anchor is to pick a song that inspires and motivates you, one that really builds you up. Using headphones, play the song as you visualise your test going amazingly. Do this process once a day leading up to the day of your competition. Add it to your warm-up routine on the day and voila! You're in an amazing state to ride into your test with.

(3) Anxiety Model

A super tip for any time you're feeling anxious is to check in with what you were thinking about just before those feelings. A big part of NLP is owning the control of your feelings, your thoughts and your actions. There's no place for blaming the outside world.

Boost Your Competition Confidence - Part 2 (Cont'd)

By Pam Reid

Anxiety then, is a warning from your mind that you're focusing on the wrong things – that is usually the event going badly!

We can swap this easily to focusing on the event going amazingly! In particular for this model, imagining 15 minutes after the successful completion of the test. What will you feel, see, and hear after the test has finished? Be careful here that it's only the **SUCCESSFUL** completion of the event! So firstly, it is important to know what success means for you.

(4) Power Poses

Such a simple addition to a warm-up are Power Poses. Standing like Wonder Woman or Superman – hands on hips, chin up, taking deep breaths for 15 minutes will increase your confidence no end!

A version of this can be replicated in the saddle. Riding with a confident posture – head up, focused ahead of you, shoulders back and strong, taking deep breaths. Adding a smile will fire happy signals to your brain and trick yourself into thinking it feels good.

By putting these four strategies together, you can trick your mind into believing it has unbelievable confidence. When you ride in this state, you ride so differently than when nerves are taking over. Your horse will feel the difference and you will feel on top of the world. Remind yourself to focus on what you want to happen and remember, we are all in this sport because we love it, right? Let's not take it all too seriously and have fun!

If these strategies aren't hitting the spot, perhaps there are deeper limiting beliefs lurking for you. Finding the root cause of those beliefs and clearing them up helps give you the confidence you deserve! One-on-one coaching digs into these beliefs and leaves you feeling lighter and free from any emotional baggage you've been dragging around. Have a look at my website to find the program that suits you.

www.fearlessrider.com.au

Here's to living more fully!



Pam Reid, Performance Coaching
NLP Master Practitioner, Hypnosis & Creating Your Future[®]
Equitation Science Qualified Practitioner
BSc Psychology, M(Teach)





21 / 22 COMMITTEE

Chair:	Veronica Hannam
Vice Chair:	Julia Weir
Treasurer:	Veronica Hannam
Secretary:	Catherine Skinner
Clubs Rep:	Julia Weir
Riders' Reps:	Julia Weir & Ruth Schneeberger
Para:	Noella Angel
Committee:	Chris Kelly Marlene Hunt Phoebe Foulkes Samantha Dossett
Selectors:	Liz Duncan Jen Gilligan

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Dressage SA

From The Committee

The weather was absolutely perfect for this year's State Championships. We would like to thank Mt Crawford Dressage Club for a well run event and for all the hard work they put in to make it such a fantastic competition.

We would also like to thank all the riders who helped make the exams possible with Interstate Judge, Wendy Barker (WA), for our fast track Judges Cheryl Hatswell and Phoebe Foulkes. It was fantastic to see everyone working together for the future of Dressage in SA.

Whilst Wendy was over in SA we also ran two days of High Performance Protocol Plus sessions. Sunday was at the beautifully presented Mt George Equestrian Centre while Monday was at the beautifully prepared Cromwell Park.



This was also opened up to the Future Squads and then HOTY Gold members. We are very grateful to Wendy Barker who filled in at the last minute when Virginia Creed became unwell and was no longer able to come over.



Squads - Applications for the 2022/23 High Performance Squad will be opening shortly. This will be followed by a mid year review of the Future Squads.

Save the Date - 7 January 2023 - State Young Horse and Pony Classic.

See you around the arena.

DSA Committee

Coming Back To The State Champs After A Long Break: by Elizabeth Haggett

After returning to the SA State Dressage Championships after a six year break, it was the first time in a very long time I had actually been nervous. Having competed in dressage for the last 31 years, this had been the longest break away from a big event. Due to injured horses, then only having either retired or unbroken horses, plus having my two children in between, the years flew by and then it was all action for 2022. A young mare we purchased as a yearling I have been quietly working away with, when I am able to ride and building up to the Championships wasn't easy. Even the week leading into them, I wasn't sure if I would get there. These Championships though, from the time away I put a lot of pressure on myself, but knew I had a lovely horse to ride and thought if we can just do what we do and do it well, then the results will be what they will be. That was the difference in my way of thinking this competition. Regardless of the success, I was very pleased with young 'Finesse'. Having returned from a six year State Championships break, it didn't feel like a regular competition. It felt extra exciting, extra big, extra special and something I'd set my mind to a good 12 months earlier. The grounds were beautiful to ride on, the prizes and entries for the various sections has certainly increased and it was a very well run event. Congratulations and many thanks to the organisers, sponsors, volunteers and fellow competitors.

A Stallion Owner's Perspective: by Karen Horsell

The culmination of a year filled with hours of training finishes with the chance to exhibit our achievements at the 2022 State Dressage Championships. Justification for all the work and something measurable to validate our passion. Tension and nerves bring a crispness to the morning vibe - more often than not is matched by the weather - as we work through our routine in the warm up arena ahead of what we hope are our best moves in front of the Judges and our peers. Spruced-up four-legged partners, manes knotted into balls, no longer flaunting the manure stains and paddock remnants from the day before. Some of us with white horses may still be trying to erase colour fluctuations as we mount for the warm up! Halt, track right at C ... track right ... right ... right is the repetitive loop in my head as we try to distinguish which test route we are about to navigate. As a stallion owner, it's not only the test arena we need to navigate carefully. Always vigilant of awkward situations and warily glancing at tails of passing mares. Never really

able to sneak through the floats to the warm up arena without the four-legged bundle of hormones announcing himself with vigour. The added spring in his stride is always welcome, however, a snort backed up with the twist of the neck, is treated as potential risk management.

Riding a stallion at a competition is a privilege, built on trust and mutual respect. Enabling him to express himself and re-directing the energy and flirtatious advances is a fluid balancing act. This vigilance continues beyond the end of the test, all the way back to the float, including the undressing and rub down. Socialising with other competitors is limited as a stallion requires constant supervision unless he is returned to the sanctuary of the float! The safety of his stall on wheels allows him to finally relax, chill out, eat hay and no longer be on guard for the imminent adventure of an advancing mare or a challenging stance from a gelding! Often the 'stallion' gets a bad rap in terms of behaviour. To take a stallion to a competition they must have an exceptional temperament, be well handled and conditioned to accept the competition atmosphere.



Emma Woolman Photography

The green tags and discs are not for decoration, they are mandated to improve the visibility in order to help protect the well-being of those around them and the stallion himself from unnecessary encounters. It's a sign that there is a well-trained and disciplined horse resisting the temptations of nature. Please be mindful of your approach and distance as we stallion handlers and riders are forever conscious of the safety and respect of our fellow competitors. Thank you to Dressage SA, the Committee members, Judges, volunteers and Veronica Hannam for organising such a well-run State Dressage Competition. I look forward to the 2023 event and many more.

Practical Exam: by Tracy Tillman

The SA State Dressage Championships were looming, the last piece of the puzzle for my judging upgrade with my impending practical exam. Despite having co-judged, shadow judged, pencilled and sat-in with numerous senior level Judges, the nerves and self-doubt were definitely manifesting.

Making the whole process a little more bearable was firstly having confidence in the mentoring and Judge education I had received, and secondly having confidence in the knowledge that this event would be very well managed. Dressage competitions take a lot of organisation and effort at the best of times but adding the facilitation of exams, sits-ins and shadow judging to the list of never-ending tasks, is next level. Knowing that what I needed to complete my practical exam would be facilitated by the organising Committee certainly gave me one less thing to worry about. When I arrived at the grounds on the day the friendly team at Mount Crawford helped to alleviate my nerves and focus on what I needed to do. My Judge Examiner provided some advice and words of wisdom as we readied for the competition ahead. A few hours later I was able to breath a sigh of relief, the exam was over and the reality was the whole process had actually been an informative and rewarding experience.



From the Mid-South East: by Nic Lewis

Ann Dodd, Kate Dennis, Nic Lewis and June Whitehead all headed up to Mount Crawford on the Friday prior to the competition.

The weather gods were kind, a bit warm Sunday but we have had some shocking weather at the States, so it was pretty pleasing this year.

Kate and Edward were at their first State Champs. Ed and Kate coped famously with the atmosphere, and Ed did a cracking first test, a few wobbles and Ed being a bit tired and stable bound and I think likely feeling the trip, not eating so well, yadda yadda ... as is par for the course with the young ones, but a few too many spoiled moves in the second test.

It was a really nice weekend, good camaraderie from all competitors, we camped at the grounds with ex SE'er Kristine Hancock and Mick.

So a long day Sunday as we all packed up and headed home into the night exhausted

but I think all pretty chuffed with our horses.

Logistics of competing from Pony / Youth Perspective: by Keeley Menadue

At the State Dressage Championships I competed on my pony Ibnky Xquisit, also known as Donny. Unfortunately leading up to the competition, my other pony FL Rocksette, or Rosie, experienced a paddock injury and therefore was not able to attend. This however allowed me to concentrate on Donny for the weekend.

I love competing at this event every year, because as a rider it allows you to compare your riding to some of the best competitors in the State, at one of the largest South Australian dressage events of the year.

The atmosphere at the State Championships is also something that I look forward to, and is more comparable to that of Interstate and National competitions, providing a good opportunity to expose horses and get more experience at bigger events. I also always look forward to receiving feedback from high level and Interstate Judges, providing a different perspective on our training and giving me more to work on.

Particularly as a Pony rider, I love that I can compare my training not only to the horses, but that there are more Ponies competing at this event than at any throughout the year. However, I would still love to see more Pony riders out competing to increase the level of competition, especially in the higher levels. According to the Australian Sports Pony Registry, to compete in official Pony Dressage, a Pony must be registered with Equestrian Australia and not exceed 148cm (14.2½ hh) without shoes. Pony Dressage encompasses levels from Preliminary to Grand Prix and is becoming more popular recently in Australia after a European influence. With more people and more interest, it is hopeful that the level of competition and quality will continue to grow, and I am excited to see where this will leave us in the future!

As a Youth rider, I love that the State Championships also provides an opportunity to see other Youth riders in a familiar environment. I appreciate that we can watch each other ride, as well as watch higher level tests be performed, and encourage and support one another with some friendly competition.

Thank you to the Mount Crawford Dressage Club and Dressage SA for hosting and running the event. Thank you also to the Judges, stewards, gear checkers, organisers, sponsors and everyone involved in making this possible. Congratulations to all the competitors.

Riding for Owners: by Steph Hann

Preparing for a Championship competition when I'm riding horses for an owner is not that different to when I compete my own horses. Some of the differences really occur prior to the competition when I sit down with the owner and discuss lead up preparations, plans and goals.

Physio, farriery, dentistry and fitness regimes are all planned around major competitions like this one to ensure that the horses are able to perform as well as they can.

It is very important to the partnership that the owner is on board with how the horse is working and prepared along with any issues that may come up that would reduce the ability of the horse to perform at its best. I consider any physical issues that may need to be addressed at the last minute by our physio.

Extra things that I do when I have an owner's horses competing also relate to making sure that the owner knows exactly when I'll be arriving at a competition ground, when the warmup will start and other minor details that I hope will enhance their enjoyment of the event.

I also enjoy the after-competition review where we look at results and chat about the next step in each horse's future plan. It is at this point that we look at what we did, what went wrong and what we can do to improve for next time.



An AOR Rider: by Jen Benson

DSA has kindly asked for my experience at the 2022 SA Dressage Championship as an AOR and I am very excited to share my thoughts. I love to ride dressage for so many reasons but I equally love to compete in our sport for a couple of simple reasons - dressage is one of the very few true mixed sex sports and where age is no barrier. So technically I can go to the Olympics sooner or later, it's kinda up to me. Except for one factor, and that is how long it takes to become an expert.

Collage of State Championship Experiences

Cont'd

Research shows that it takes 10,000 hrs of deliberate practice to become an expert, so with the hours I can dedicate to riding, some weeks it looks like it will be 50 years for me to get close to 10,000h in the saddle. In contrast our professional riders can achieve "expert" proficiency in 6-10yrs based on the number of horses in work and days riding per year. In my mind, this is the only limitation in our sport. Until now. The AOR division has been created to provide high level dressage competition for Australian Amateur Owner Riders. The intent is that we can compete against riders for whom riding is not our primary source of income and most importantly are the primary trainer of the horse, only receiving occasional ridden assistance in a lesson scenario. My lead up to the 2022 SA State Championship was the usual crazy juggling of interstate work and non-horse commitments whilst trying to stick to my training plan. It was definitely a competition where "sometime you win and sometimes you learn" and this time around my results were a direct reflection of the quality of my training (good bits) and just how busy 2022 has been (the learning bits). I am truly grateful to the OC, sponsors and volunteers who enable this division at our State championship as it allows us to showcase our beautiful horses and measure our training in the level playing field that is the dressage arena.



Best Seat in the House: by Shelley Arnold

Once again, I had the honour of being on the PA at the Dressage Championships held at Mt Crawford Dressage Club and I (arguably, one could say) had the best seat in the house. Having a great view of 4 arenas being used continuously for 2 days is literally a Feast of Dressage in this State, so I was certainly sitting in a 'Premium Seat' at this venue.

Was it a demanding job? Well, yes. Was it fun? Most of the time. Was it rewarding? Absolutely!!



Being a little bit of a control freak, the job does appeal to that side of my personality – in reality though, don't all Dressage riders need to be a tad like that to survive this demanding and OCD orientated sport? I do think that the competitors appreciate a schedule that attempts to stick to a regimented time frame and, at the risk of sounding very bossy on the microphone, that is the general intention from my perspective. To be met with a delay during warmups is very frustrating for riders and I believe that the event ran like clockwork for most of the weekend.

The riders and their horses this year were fabulous – beautifully presented, on time for their tests and displaying some superb work for the Judges. The majority of the tests appeared harmoniously ridden and with correct basics. In some levels, the overall quality of the horses was really outstanding. Maybe with Covid, riders were able to concentrate on training and not on the next show, so this work at home has really paid off. There have been some great progressions up the levels during this time.

The office at Mt Crawford is the hub of any competition and it was fantastic to witness the friendly atmosphere generated by everyone who attended and the great camaraderie during the presentations. It is a very difficult task to correctly train a Dressage horse and genuine recognition and support for those who have success makes a big event, such as this, so much more enjoyable for everyone.

Congratulations to Mt Crawford Dressage Club for putting on a superbly run event with outstanding attention to detail, a wonderful group of Sponsors and vast array of prizes. The very fruitful chat with the Weather Gods prior to the event ensured we were blessed with excellent weather conditions for the whole weekend.

Great job Team!!

Official Event Photographer: by Emma Woolman

I was fortunate to return to Mount Crawford Dressage Club in April as Official Photographer for the 2022 SA State Championships. The time prior to an event is spent advertising my attendance and putting a call out for priority capture riders (I always do my best to capture everyone I possibly can, but priority riders are at the top of my list), creating a new event gallery on my website



Emma Woolman Photography

for the photos, charging camera batteries, ensuring memory cards are all empty, and packing up my cameras and lenses ready for the day.

It's been a bit of a nerve-wracking time booking events recently due to the COVID-19 situation. There is only one of me, so to prevent the possibility of ending up in isolation for the event, I do my best to avoid social settings for the week or so before (my inner introvert has no complaints about this!). I live just over an hour away from the dressage grounds, so my alarm goes off very early in the morning so I can get to the grounds before the event starts.

The day of the event is spent moving back and forth between arenas, capturing photographs of as many riders as I possibly can, and ensuring that sun stays behind me for the best lighting. My camera is quite heavy, so it is always a relief to have a short break between riders for a sit down and a drink (and maybe some hot chips ...!)

When I get home, the hard work begins: transferring the thousands of photographs I've captured onto my computer ready for flagging the best images for processing/sale. Snapping the images is the easy bit – the processing is what takes the most time. After the best photos are exported, they go into individual albums

on my website created for each horse. This takes extra time, but I know that riders appreciate being able to go straight to an album than searching through one big one, so I'm pleased to continue with it. It'll usually take me a few days to get all the photos done, and when the photos are completed and uploaded, it's time for a rest and an early night. I enjoy seeing orders come through – to know that people enjoy my work, and I absolutely love reading the wonderful feedback from my customers. This is what keeps me coming to these events – so thank you to all of you. It has been such a privilege to have the opportunity to return to Mount Crawford for Official Photographer duties for the last number of years. It is very special to witness riders move up the grades with their horses and reap the rewards of their hard work at the State Championships.

Sponsor at the Event – Benchmark Horse Feeds by Jo Swinton

As a Sponsor I found the event was run very well. Benchmark provided the funds and were not required to do much more. The State Championship Committee looked after all the prizes etc. We supplied vouchers but the Dressage Committee did the rest. As I am very new to all of this it was fantastic to have the professionalism of the State Dressage Committee to guide new Sponsors through the event.

On the days, it was incredibly well organised - I would be happy to say it was a 5 star event. There were even Committee members competing on the day but they did not shy on their duties. Everything ran to schedule and if there were any issues, no one on the outside would have known. It was efficient and professional, with the sponsors mentioned at the start of each class so competitors had no doubt who was sponsoring their class/event. It was a pleasure to be part of this event. I cannot praise the Committee enough for their efforts.

A Youth Rider: by Michaela Butler

As a Youth rider it was great to warm up amongst the senior experienced riders to see how they get their horses ready to enter the competition ring. It was also great to have constructive feedback from both SA and Interstate Judges. Mt Crawford is an hour's travel from home and although not a long journey it still involves planning so that we have plenty of time when we arrive to settle, tack up and warm up prior to my first test. Thank you to Mt Crawford Dressage Club, volunteers and sponsors for all their hard work in running such a wonderful event.



Southern Flinders Dressage Club

southernflindersdressageclub.wordpress.com

southernflindersdc@hotmail.com.au

President:

Trudy Mudge

Secretary:

Lynn Greenfield

**50 Simmons Cres
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0427 560 524**

Treasurer:

Elle Wilson

Website:

Amelia Greenfield

HRCV Coordinator:

Ali Kirkman

General Committee:

Ali Kirkman
Chantelle Hunter
Amelia Greenfield
Emily Ellard
Karina Turner
Naomi Friedrich



Find us on:
facebook®

SFDC is run from Murray
Town Oval.

Murray Town is located in
the Southern Flinders
Ranges, 12km south of
Melrose

After our fantastic dressage and showjumping day in March, we had a very disappointing April where we had to cancel our competition, due to the majority of the Committee coming down with the dreaded Covid!

Thankfully we were all back on board for our May competition, which was also the second round of our jumping series.

It was great to see our regular riders had spent the month off busy practicing at home, and we also welcomed multiple new faces!

We are now gearing up in preparation for hosting a round of Horse of the Year in June, with volunteer positions being handed out left, right, and centre! It will be all hands on deck for a working bee on the 4th and 5th of June to ensure the grounds are in tip top shape for the big competition.

**Photos supplied by
Dianne Leahy Equine Services**



*Chantelle Hunter & her lovely quarter horse stallion **BGW Dan Sure***



First time attendees Annabelle Crosby & Valentines Day Gift



*Michael Young & **Gohan S2** showed great improvement this month*



*Ali Kirkman on her young homebred mare, **Redbanks Rivka***



Southern Flinders Dressage Club

southernflindersdressageclub.wordpress.com
southernflindersdc@hotmail.com.au

EA HORSE OF THE YEAR ROUND

COMPETITOR/PARTICIPANT & AOR

SUNDAY 19TH JUNE 2022

PRELIM
NOVICE
ELEMENTARY
MEDIUM
ADVANCED
PARA-EQUESTRIAN

- DIANNE LEAHY
PHOTOGRAPHER ATTENDING
- COFFEE VAN & CANTEEN
- YARDS & CAMPING,
POWERED SITES
- FEED DELIVERY AVAILABLE
FROM RED GUM FODDER OR
RANGES COUNTRY
- ENTRIES VIA NOMINATE
- ENQUIRIES TO LYNN 0427560524 OR
SOUTHERNFLINDERSDC@HOTMAIL.COM.AU

ENTRIES CLOSE MONDAY 6TH JUNE

SOUTHERN FLINDERS
DRESSAGE CLUB





SOUTHERN VALES DRESSAGE CLUB

Equestrian Park, Aldinga Bay Sports Complex

www.svdc.info

Ph: 0403 063 296

Find us on Facebook: Southern Vales Dressage Club

We run competitions once a month, offering dressage tests for all standards. Our members range from those just starting out in dressage to Grand Prix and professional riders. We also run Championship events, Critique days and Clinics.

We welcome all new members - no matter what level or experience.

Even if you don't ride or own a horse, you can still be involved in dressage because helpers are always needed at events to assist with the many tasks involved in running a competition. It's a good way to start getting involved.

SUNDAY 19 JUNE 2022

Competitive / FEI Indoor Competition

FEI, HOTY points

Venue: McLaren Vale Equestrian INDOOR

Limited Entries

Entries close Monday 6 June 2022

TESTS:

Competitive: Medium 4A & 4B | Advanced 5A & 5B

FEI: PSG | Inter I | Inter II | Inter A | Inter B | Grand Prix

FEES:

\$45 per test

Levies: Admin Fee \$5, Arena Fee \$5, Judges' Levy \$4.40

SUNDAY 17 JULY 2022

Protocol Day

RIDE YOUR TEST AND RECEIVE FEEDBACK

Learn how to improve your TEST

Venue: SVDC Grounds

Limited Entries

Closing date MONDAY 3 July

TESTS:

Closed Unrestricted: Prep to Advanced

FEES:

\$45 per test

Admin and arena fees apply



CLARE VALLEY DRESSAGE CLUB



Committee for 2021-2022

President: Alex Chapman
Vice President: Joy Salter
Secretary: Jane Wetherall
Treasurer: Kim Zohs

Committee Members

Mary Alletson
Gabi Ashmeade
Nicole Berry
Kirra Launer
Brittany Moir
Tracey Moir
Deb Scammell

Club Calendar 2022

18th June: EA Horse of the Year

10th July: CUR

7th August: CUR

11th September: CUR

13th November: Club Championships -
Closed Restricted



June - July News 2022

Sunday the 10th of April saw our second competition of the year held with Judge Michele Lally providing constructive feedback to riders competing in Prep right through to Medium. It was terrific to see a number of our new members coming out for the first time.

May the 1st saw Molly Gill presiding over the arena, 28 tests were entered, again ranging from Prep through to Medium. It is wonderful to see our riders moving through the levels. We also saw a number of Youth riders competing, which was terrific. A special mention to Lauren French who was fresh back from her successful campaign at the Para National Dressage Championships in Victoria. It was delightful to watch Lauren and Mitch dance their way through their Elementary tests at our competition.

Our Club is delighted to be hosting a Round of the EA Horse Of The Year on Saturday the 18th of June. It promises to be a wonderful day of competition with many riders travelling up to the Clare Valley. We are calling on our members to make themselves available by helping out at this competition. More details about volunteering are available on our FB Page. Members wishing to compete should enter via Nominate. Entries will close on Saturday 29th May at midnight.

We look forward to seeing you all at the HOTY competition on Saturday 18th of June.

Jane Wetherall
CVDC Secretary



*Lauren French and Mitch at the
Para National Dressage
Championships at Boneo*



CLARE VALLEY DRESSAGE

EA HORSE OF THE YEAR ROUND, 18th JUNE 2022

Prelim • Novice • Elementary • Medium
• Advanced • Para Equestrian



Open 3 May 2022- Closing
28 May 2022, Midnight

OUR JUDGES:

Helen Whittle
Liz Duncan
Tamsin Adcock
Kirsty Stuart
Kristine Hancock

Yards & Camping Available
Feed can be ordered and delivered to the grounds
by Red Gum Equine.
Canteen open for breakfast, lunch, tea and coffee.

All enquiries to Kim Zohs 0438 367 082, or clarevalleydressageclub@outlook.com.

Find us on Facebook at Clare Valley Dressage Club Members and Competitors.

EA Horse of the Year Saturday 18th June 2022



Volunteers Needed Please

Clare Valley Dressage Club are delighted to be hosting a Round of the EA Horse Of The Year on Saturday 18th June. It promises to be a wonderful day of competition with many riders heading to the Clare Valley and then travelling on to the Southern Flinders Dressage Club for a second day of competition.

We are calling on our members to please volunteer and help out over the weekend. There are a number of ways that you can help:

- Helping set up the arenas on Friday afternoon.*
- Helping set up the Marquee*
- Helping set up the club rooms for catering and administration*
- Helping in the canteen and cooking the bbq*
- Donating food items, cakes, biscuits, soup etc*
- Pencilling for the Judges*
- Gear checking*
- Rechecking toilets for supplies during the day*
- Helping put the arenas away on Saturday afternoon.*

We look forward to your support and hope that you will join is at the end of the day for a celebratory drink and nibbles platter.



Adelaide Hills Dressage Club

PRESIDENT: Wendy Brown 0412 831 720
twymbrown@msn.com

VICE PRESIDENT: Cathy Kluske 0400 289 481
ahdclub@gmail.com

SECRETARY / TREASURER: Sally Wells 0429 190 653
wellsy1964@bigpond.com

DRAW SECRETARY: Cathy Kluske 0400 289 481
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PENCILLER COORDINATOR: Wendy Brown 0412 831 720

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Jo Cullen	0427 712 523
Geraldine Fenner	0499 802 571
Camille Houston	0403 802 738
Vicki Clark	0411 969 679
Leslie Price	0419 861 435
Mel Johnson	0428 187 566
Wendy Stephenson (Abrahart)	0401 710 419
Jane Brown	0407 889 377

PATRONESS

Mrs Erica Taylor

LIFE MEMBERS

Mr Bernie Biggs	Mrs Wendy Brown
Mrs Penny Heighes	Mrs Nancy Gower (dec)
Mr Peter Fawcett (dec)	Mrs Judy Brooks
Ms Jane Richards	Mr Noel Vears
Ms Ann Kitto (dec)	

www.ahdc.net.au

Or find us on Facebook

AHDC competitions can now be entered via

Nominate: www.nominate.com.au

late entries now require additional fees

draw questions? TEXT Cathy: 0400 289 481
(not between 8 am and 4 pm weekdays)

questions about how to enter on Nominate:
Sally: TEXT 0429 190 653 or wellsy1964@bigpond.com

President's Report

Hi all

We are now halfway through the year. New members wishing to join can do so at half cost which will then expire at the end of December 2022.

The Club Championships held in May were a great success. We thank our sponsors: Horseland Mt Barker, Cool and Complete Pellets (Cheryl and Rob Hatswell), Plum Tack and Little Equine Company.

Please remember to thank the appropriate sponsor to show your appreciation if you were presented with a prize.

The woolen embroidered Champion rugs from Horseland Mt Barker were top quality and exquisite. Congratulations to the winners and to all riders who participated.

The Grounds Management Committee and Constituent Clubs held a Combined Training Competition on the 14th of May as a Fundraiser to pay for the annual water license lease. There were huge entries and it was a wonderful day, thanks to the great volunteers who gave their time and expertise to run the event. A special thanks must go to Kerren Hampton who did the majority of the planning and pulling it all together.

Regrettably our Penciller Coordinator Emily has resigned from the Committee due to study and family commitments. We thank her for the valued contribution she has made during the past few years and wish her every success with her future studies.

If anyone is able to join our group and take on the above role please contact me. We desperately need help. Each month is difficult to find enough people to commit to this task.

Due to the rising cost of fuel we now pay each penciller \$50 for a full day's pencilling so please contact us if you can assist.

Stay safe and well.

Wendy Brown

AHDC President

2022 Diary Dates

12 June - Competitive / Participation / FEI / Closed Unrestricted

Tests: Prep A, Prep C, Prelim to Advanced As and Bs plus FEI

10 July - Closed Unrestricted

Tests: Prep A, Prep C, Prelim to Advanced As and Bs

14 August - Competitive / Participation / Closed Unrestricted / PARA

Tests: Prep A, Prep C, Prelim to Advanced Bs and Cs plus Para tests

4 September - Closed Unrestricted, Golden Oldies

Tests: Prep A, Prep C, Prelim to Advanced As and Bs

8 and 9 October - Spring Festival - Competitive / Participant / FEI / Young Horse / AOR

Tests: Prelim to Advanced Bs and Cs
Participant 1B, 1C, 2B, 2C
FEI, Young Horse

13 Nov - Closed Unrestricted

Tests: Prep A, Prep C, Prelim to Advanced As and Bs

11 Dec - Competitive / Participation / Closed Unrestricted

Tests: Prep A, Prep C, Prelim to Advanced As and Bs

**Please Support The Generous Sponsors
of our 2021 Spring Festival:
*HORSELAND MOUNT BARKER -
our 2021 Spring Festival Elite Sponsor***

- ♦ **Animal Therapeutics**
- ♦ **Arena Rakes SA**
- ♦ **Birdrise Farmstay Boarding Kennels**
- ♦ **Cantaloup Stocks**
- ♦ **Cool and Complete Pellets**
- ♦ **Cromwell Park**
- ♦ **Equistyle Quality Stocks**
- ♦ **Equitation Science Coaching**
- ♦ **Jane Brown**
- ♦ **Jenna Lee Candle Co**
- ♦ **Lake Breeze Wines**
- ♦ **Maidments Meat Service**
- ♦ **Move Free Physiokey**
- ♦ **Plum Tack**
- ♦ **PYT Photography**
- ♦ **Shield Insurance Brokers**
- ♦ **Thorough Care SA**



AHDC HOTY, POTY & YOTY after May 2022 Competition

HOTY POINTS SUMMARY

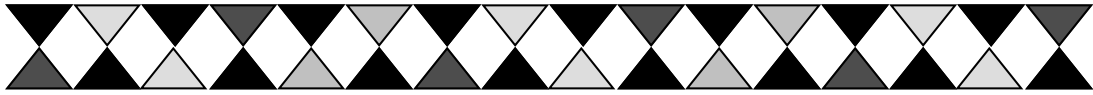
Rider	Horse	Total Points
SUSANNE NELSON	BLACK SILHOUETTE	72
CAMILLE HOUSTON	ONE SOC DOWN	48
JOANN LLOYD	SLM MASTERMIND	41
ANITA MOSS	BRENCHINRIDGE FREEDOM	33
DENISE ROFE	MUSETTE	33
ROSEMARY CASTLE	ROXLEIGH BELVEDERE	29
JESSICA PLAYFORD	SUPERNOVA	29
MEL JOHNSON	STRATHROSE ADMIRAL	27
CERI JOHNS	BELSTONE ROSARIA	26
BROOKE SEWARD	DEBANLAY MARSEILLE	24
JULIE KERSHAW	RULER	23
ALYSSA FOX	ROXETTE TD	23
TANIA EDMONDS	DAITAN WONDERLAND	22
CHERYL HATSWELL	PONDEROSA STUD ROYAL LASS	22
KIM JONES	BALZAC	21
AMANDA EVINS	HB REGAL CLASSIC	21
SHIRLEY HOLT	HOOLEY DOOLEY ITS TROOPER	20
DONNA GRAY	JUNEBUG	18
EMILY KEMP	ENIGMA	17
NATALIE LOBANOVA	FLASH HARRY	17
JOANNE CONYERS	DANSON DON HUDSON	16
GRACE SAMPSON	CHICKEN LITTLE	16
MARCIA BURNETT	MUSKOKA	16
SHERIDAN GORDON	ALLAMBAH PEPPERJACK	14
STACEY BLOCK	WOWPAL	14
JOANNE CONYERS	DARING GREATLY	13
ASHLEIGH POTTS	BROLGA	12
ASHLEIGH POTTS	LEDGE	12
JENNIFER EVANS	CHACE	12
DOMINIC JONES	FURST LILY	12
CHRISTINA JOHNSTON	DALPURA PENWYNN	12
CHRISTINA KILGARIFF	CAL KAI FLEUR DE LYS	12
JANENE CLARK	BELSTONE SAMARANTH	12
ELIZABETH HAGGETT	FINESSE	12
CAROLYN COWGILL	EYESA PHOENIX	12
MEGAN EVANS	HEATHMONT ROMANCE	11
LISA HALLING	MERRIBANK FLICKA	11
LOUISE ALLEN	HIDDEN WARRIOR	11
TANIA EDMONDS	DAITAN ONE LOVE	10
CATHRYN BANNER	DONNER DUCHESSA	10
KEELIE JENNER	CARISBROOKE BE DAZZLED	10
ZOE JONES	DON KIKO	10
NICHOLE KOPP	MISTY HALO	10
JAIMEE BRUGGEMANN	BALLYMOUNT LAFFRANCHI	10

POTY POINTS SUMMARY

Rider	Horse	Total Points
SAMANTHA TAYLOR	KONDO COUNTING STARS	52
JO CULLEN	STRATHROSE THE CON MAN	43
MIA TAYLOR	CHURINGA HIDDEN SECRETS	28
SARAH TICKNER	NILTON DEL PIERRO	24
DANIELLE MATHESON	WYNARA HEY PRESTO	18
LUCINDA VAILE	ROSEDALE PARK AVENUE	12
KEELEY MENADUE	IBNKY XQUIST	12
CHARLOTTE MAROLD	FARLEIGH ARIANDE	11
SUZIE PARSONS	SILKWOOD MAGICIAN	11
LIA BLACKET	WYNARA BRONZE LADY	11
SALLY WELLS	PRETZEL	6
LUCY POTTER	ASTORIA MAGISTERIUM	5
JACQUELINE SPARNON	BAIN PARK NEBIOLO	5
SUSIE WALKER	WALKERS RUN	4
	STERLING OMEGA	

YOTY POINTS SUMMARY

Rider	Horse	Total Points
ZOEY GASTON	RIVINGTON SILENT POET	59
CAITLIN GOLDSMITH	NATIVE ATTICA	34
BROOKE KING	CHAMPAGNE ON ICE	20
JESSICA MCCLEAVE	CHRISSY	12
ASHTON IDE	CHALANI SANGRIA	12
KEELEY MENADUE	FREEMANS LODGE ROCKSETTE	12
KEELEY MENADUE	PS FURSTENSHOW	11
TAHNEE MEGAW	LEO	10
ZOEY GASTON	WENDLLYN RIGHT ROYAL	3



Mt Crawford Dressage Club

UP COMING EVENTS

2022 Competitions

June 18 - CUR / **OTT**

July 16 - CUR

Sept 17 - Charity CUR

Oct 29 - "Fun/Come and Try" CUR
Day / **OTT** / Pairs / Prix Caprilli

Nov 26 - Comp/HOTY

Dec 10 - Competitive Afternoon
and Under Lights CUR, Freestyles.

Training Days 2022

June 4 - Lucy Williams & Phoebe
Foulkes

July 9 - Anne Smith

Sept 10 - Greg Trembath

Oct 1 - Lucy Williams

All Entries via Nominate



**THOROUGH
CARE SA**



**Government
of South Australia**

Office for Recreation
and Sport

All photos courtesy of Emma Woolman
Photography & MCDC Committee.

From The Committee

Sunrise on April 9 saw the floats arriving for the 2022 SA State Dressage Championships, hosted by Mount Crawford Dressage Club. We hosted four Interstate Judges and all levels of horse and rider were able to benefit from a fresh set of eyes and some different feedback. This also meant that there were plenty of opportunities for Judge education, a vital part of our sport.

Mother Nature was kind to us and the conditions were ideal for both riding and wandering through the trade stands, which enjoyed a steady stream of browsers and shoppers. Informative and entertaining



commentary provided by Shelley Arnold kept riders and spectators alike up to date with proceedings and all the arenas flowed smoothly throughout the weekend. Thanks to some generous sponsorship there were amazing rugs and prizes for those who earned a spot on the podium; and we would like to take this opportunity to congratulate all the winners and place-getters.

After the weeks of organisation and the running of the State Championships we didn't rest on our laurels for long as we ran a second competition in April. April 30 saw the first instalment of the three part 2022 OTT Series, thanks to the support of Thorough Care SA. This was a CUR day and once again offered the opportunity for competition exposure, where members can bring young or green horses along to soak up the atmosphere. Fantastic weather helped to make it a pleasant day with lots of great tests ridden.

May 21 was a Competitive and CUR day, with four arenas in operation. The day was bright and sunny with a biting wind that kept conditions cool. We were fortunate to have an Interstate Judge with the late change from Virginia Creed to Wendy Barker. Together with the SA Dressage Judges' Sub-Committee we were able to conduct two "E" level Judges' exams.

Future events include CUR days in June and July before we take a break in August as it is anticipated the grounds will be too wet. We return in September with our Charity Day. The choice of Charity and resultant colour scheme will be announced shortly, and will include the colour parade in the lunch break. Following this will be the "Come and Try" day in October and the AGM and election of the new Committee.

OTT Dressage Series 2022

Hosted by Mt Crawford Dressage Club



THOROUGH
CARE SA



CASH PRIZES

3 stand alone
competitions

April 30

June 18

Oct 29

+

**1 series
Champion**



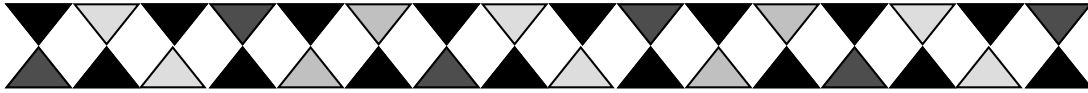
Open to Off the Track horses

- that have raced or Trialled
- or have been through a yearling sale
- or had a previous active stable return

Entries via Nominate

<https://nominate.com.au/equestdn/Nominate.aspx>

Cash prizes will be awarded at each of the 3 stand alone competitions
Series Champion per grade will receive a rug using rule 3.19 championship rules
Please check the conditions of entry for each competition



CONTACT US

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21/22 COMMITTEE

President: Veronica Hannam

0414 508 783

Vice President: Caroline Dear

Treasurer: Craig Hannam

Secretary: Tina Grech

Chris Kelly

Hayley Rumbold

Julie Hobson

Kaitlin Petney

Kass Dalitz

Kate Rumbold

Phoebe Foulkes

Viv Arrons

LIFE MEMBERS

Jane Bush (Patron)

Chris Hill

Lily McKenzie-Smith

Bill Henderson

Veronica Hannam

SUB-COMMITTEES

- * Training Days
- * Major Events
- * Policies & Procedures
- * Strategic Planning

Plans are afoot for future grounds improvements, and we are in the process of negotiating for more rubber to top up the warm up area. We will also be doing some maintenance on the car park to alleviate the large holes.

Here's hoping the next few months bring a balance of decent rain and plenty of riding weather.

Happy Riding

MCDC Committee

Training Days

The April Training Day was with Coach Phoebe Foulkes. The day was a sell-out, with five group lessons and two private lessons sold within a few days. The weather was perfect: everyone had a fantastic day and learnt a great deal of interesting information. Unfortunately given the Covid situation, there were a few late scratching which couldn't be avoided.



We had Naomi Mashford instructing in May with one private lesson and five group lessons sold out. The day was freezing, but the rain mostly held out until some drizzle at the end. The day saw one new member and a couple of returning members to the Club. Despite the cold weather, there were a lot of positive comments from all of the riders (old and new) regarding their lessons. It seemed that everyone enjoyed the day and learnt something new and interesting.



We are looking forward to welcoming back Lucy Williams and Phoebe Foulkes for our June Training Day, followed by Anne Smith on the 9th of July. We hope everyone enjoyed the recent events at MCDC and we look forward to seeing you at the upcoming Training Days.

2022 SA State Dressage Championships

Thank you to all the sponsors of the this year's Championships



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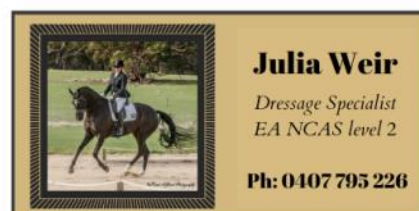
Mt Pleasant

3211 Eden Valley Road
Mt Pleasant, SA 5235

(08) 85682611
coopersmp@adam.com.au



Jurlique





Dressage Club of SA President's Report

Greetings equestrians!

Our May 29th show will have run by the time Sally publishes this issue, but as always, the results can be found on our website. We had a massive wait list for this Show, as we run with just two arenas. Then add in CUR classes for our members ... so without daylight saving, there were lots of riders who missed out. It definitely pays to enter early as we can only do what we can!

Thanks to all the riders who help us look after Cromwell Park by cleaning up after their horses and leaving the venue as pristine as we found it. After working all day at the Show, it can be less than exciting to walk around the parking paddock, picking up after people.

A huge shout out to our amazing Sponsors who give us prizes all season and pretty items to raffle. If you win something, please take the time to thank them via email or social media tags, as it helps enormously to keep their support when they are acknowledged and supported back.

I know most Clubs currently struggle to get a full list of helpers, so if you are a family member or friend of a rider, please consider putting your hand up to help out even for a few hours – it is a constant headache filling positions and you will be so very appreciated. Shows can't run without you so have a look at the Calendar and consider whether you have some time to help out. Giving back to your sport is vital these days! We are so incredibly lucky to have regular helpers, who do it because they love the sport. We just could not run Shows without you all. Thank you so very, very much.

The beautiful Cromwell Park continues to be developed and has inspired us to add extra Shows for next year. Our newly formed Committee is full steam ahead, with the plans for 2023 already underway. We truly appreciate the feedback and the support from our SA riders we know we do things a little differently but variety is the spice of life!

We will be going into virtual hibernation after the May show but we are starting some plans for the two events at the end of the year, including a Tiny Tots Tournament held over the two Shows.

We hope everyone stays well and safe, and look forward to seeing you all in Spring!

Anne Raymond
DCSA President

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PRESIDENT/TREASURER

Anne Raymond

VICE PRESIDENT

Elise Sparkes

SECRETARY

Ruth Thompson

COMMITTEE

Natasha Cockburn

Alexi Kentish

Cristy Patterson

LIFE MEMBERS

Pat Roberts

Peter Oborn

Natalie Chisolm





Thank you to our 2022 sponsors:



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Mid South East Dressage Club



Affiliations: EA / HRCav Member Horse SA

Dates for 2022

June

11-12th Lucy Williams Clinic
26th Round 3 Winter Series - Unofficial

July

22-23rd Judges' Seminar
24th Round 4 Winter Series - Official &
Finals, Horse of the Year Qualification
Event

August

28th AGM & Club day

September

24-25th Official Championship Competition

October

16th Naracoorte Show

November

27th Club Day - Christmas break up



2022 Committee

President:

Amanda Lock
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0418 813 214

Vice-President:

Susan Thornley
0408 847 026

Minute Secretary:

Trudi Lutt
secretary@msedc.org.au

Treasurer:

Linda Archer
0427 208 180
treasurer@msedc.org.au

Committee:

Kristy Boord
Kate Dennis
Tiffany Bennett
Ann Dodd
Nic Lewis

Life Members:

Sue Thornley
Margie Stuart
Amanda Lock
Kristy Boord

www.msedc.org.au

In Shakespeare's time, mattresses were secured on bed frames by rope.

When you pulled on the rope, the mattress tightened, making the bed firmer to sleep on.

Hence the phrase:

'Goodnight, sleep tight'

Winter Series Rounds 1 and 2 Completed

Weather, grounds and atmosphere: all perfect as usual. I don't want to sound like a broken record but it has been perfect weather in recent times (mind you some rain would be great).

Round 1 welcomed some new members, returning members, some new equine partners and some older ones out and about again. There were smiles all round with the nerves of the first tests out of the way.

The work that had been put into the restoration of the Naracoorte Showgrounds was very noticeable. Thank you to the Groundsman: we can see that with another season in the Spring the Grounds will be restored to their former glory.

Our President was very happy as the new scoring system is working very well and more pencilers are having the chance to become familiar with the tablets and how they work. Certainly it was lovely to see there were no volunteers shoved away in a room missing all the action. The scores were all complete and present as the last horse left the arena. The biggest social event of the day was packing up all the arenas at the end of the day, with lots of conversations and meeting and getting to know new members. The Committee has worked hard to ensure the event ran smoothly and we are grateful to all the members who joined in and helped enthusiastically. Everyone clearly enjoyed the day.

Hat tagging was busy: thank you to the Taggers. I'm sure we will get used to the bright yellow tags on the chin straps. It was also great to see a couple of fellas out joining our crowd with energetic youngsters.

Round 2 has just been completed in the same weather and atmosphere, with more new faces and some special new combinations adding to an interesting Round 3 to come. All leads and placings are mixing the Points Table to make it a very interesting Series with no clear leaders to date.



Well deserved winners of the 2021 Club Annual Awards

From Left:

President's Award
Horse of the Year

Linda Archer
Andrea Riedel-Carrison's
Hi Pine Conquest

Volunteer of the Year

Trudi Lutt

Other awards from the 2021 year will be presented when the winners are present at the next WS event.

Mid South East Dressage Club

2022 - Winter Series Competition



All 4 Winter Series Rounds to be held at the
Naracoorte Showgrounds



Round 1	Closed Restricted*	Saturday 24th April 2022
Round 2	Official**	Sunday 22nd May 2022
Round 3	Closed Restricted*	Sunday 26th June 2022
Round 4	Official** EA HOTY qualifier	Sunday 24th July 2022

All entries via Nominate

***Closed Restricted events are for MSEDc members only**

** Non MSEDc members are only able to compete at Official events.

Entries close: 12 days before each event



	Round 1	Round 2	Round 3	Round 4
TESTS	Un-Official	Official	Un-Official	Official (EA HOTY)
MSEDc Child test	Tests 1 & 2	-	Tests 3 & 4	-
EA: Prep	Tests A & C	Tests A & C	Tests D & E	Tests D & E
EA: Prelim - Adv	Tests A & B	Tests A & B	Tests B & C	Tests B & C
FEI: On request	On request	On request	On request	On request
HRCav: All levels	Tests 1 & 2	Tests 1 & 2	Tests 3 & 4	Tests 3 & 4

LATE ENTRIES WILL NOT BE ACCEPTED

Payment must be made in full at time of entry via Nominate

We are hoping to also offer Western Dressage Association tests - stay tuned!

MSEDc Members: \$20 per test

Non-MSEDc Members: \$30 per test

These events are affiliated with Equestrian Australia and HRCav and will be conducted in accordance with their Rules. Tests are available on the EA or HRCav websites. The MSEDc Children's tests are available via Nominate on entering.

- Draw will be available on our Facebook page & MSEDc website: www.msedc.org.au
- Stables are available at the Naracoorte Showgrounds for \$15 per night (book on Nominate with your entries)
- You can bring your own portable yards for daytime use only (compliant with EA rules).
- Powered camping is available at the Naracoorte Showgrounds (book on Nominate with your entries)
- The campsite caretaker at the Naracoorte Showgrounds can be contacted on: 0414 453 360
- Judges' levies must be paid with entries

Ribbons awarded to 6th place

A Champion and Reserve Champion will be awarded at the end of the Series for all levels (except MSEDc Child Tests). To be eligible for a Winter Series Championship a horse/rider combination must be a MSEDc member and have competed in a minimum of 6 tests of the same level for EA & HRCav, or for FEI 3 tests over at least 2 rounds of the Series.

HRCav Jackpots will be calculated at Official Rounds (2 and 4) only.

Enquiries: secretary@msedc.org.au