## ESA HOTY 2023 Workout Rider 5 and under 9 years (as per updated ruling effective 1/1/2023)

- 1. Enter down centreline at rising trot
- 2. Turn left at the short side, trot around arena and down centre line
- 3. At centre canter a circle right
- 4. At centre simple change
- 5. Canter circle to left
- 6. At centre trot
- 7. Continue at rising trot towards judges turn right and exit the arena

