ESA HOTY 2023 Workout Rider 9 and under 12 years (as per updated ruling 1/1/2023)

- 1. Enter arena at rising trot
- 2. Turn left towards centre of long side
- 3. At centre of long side sitting trot
- 4. Continue around arena and turn down centre line toward entry gate
- 5. Lengthen trot down centre line rising trot
- 6. At Entry gate turn left and rising trot around arena
- 7. At corner canter left
- 8. Canter around arena and across diagonal
- 9. Simple change at centre
- 10. Canter right around the arena
- 11. Lengthen canter along long side
- 12. Canter around to centre of short side
- 13. Trot at centre of show side
- 14. Rising trot around arena past the Judges and exit the arena

