

Vaulting South Australia Levels

Level 1

Compulsory Section

Preliminary Compulsories at Walk

1. Vault on
2. Basic Seat
3. ½ Flag
4. Plank
5. Inside Seat
6. Outside Seat
7. Kneel
8. Dismount to inside

**Each move must be performed in this order and held for 4 strides*

Horsemanship Section

- Lead a horse safely
- Name 2 things a horse eats
- Name 2 horse colours

Level 1

Vaulting South Australia Levels

Level 1 Assessment Form

Name:

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

Compulsory Section

Vault on	Basic Seat	½ Flag	Plank	Inside Seat	Outside Seat	Kneel	Dismount

Signed Off

Name: Date:/...../.....

Horsemanship Section

Lead a horse safely	Name 2 things a horse eats	Name 2 horse colours

Signed Off

Name: Date:/...../.....