**Level 3**

*Compulsory Section*

Pre-Novice Compulsories at Canter

1. Vault on
2. Basic Seat
3. ½ Flag
4. Plank
5. Inside Seat
6. Outside Seat
7. Kneel
8. Dismount to inside

*\*Vaulters must show all compulsories in the correct order and all exercises must be held for 4 strides*

*\*Mount at walk or an assisted mount will be accepted as a pass*

*Freestyle Section – Walk*

* 6 static moves (held for 3 strides)
* 4 dynamic moves

*Theory Section*

* 6 oral questions to be taken from the *Australian National Vaulting Rules* (Question bank provided)

*Horsemanship Section*

* Show how to tack up the horse for a training session
* Name the parts of the surcingle
* Explain how to care for the equipment
* Name 3 points of a horse from a diagram

**Accepted Questions & Answers**

*Theory Section* (Choose 6)

1. Name the two parts that Pre-Novice individual vaulting consists of.
**Compulsory and Freestyle**
2. How long must an individual freestyle go for?
**One minute**
3. How many strides must you hold a static freestyle exercise at canter?
**Three strides**
4. What are the components in the scoring of a freestyle?
**Horse Score, Technique Score, and Artistic Score**
5. What is the maximum score you can get for degree of difficulty?
**10**
6. How many vaulters may be on the horse at any one time in squad competition?
**Three vaulters**
7. What is an ‘R’ deduction and how many points are deducted?
**Retaking the grips, 2-point deduction**
8. Name the three types of competition.
**Squad, individual, and pas de deux**
9. In what gait are the Pre-Novice compulsories performed?
**Canter**
10. In what gait are the Preliminary and Pre-Novice freestyles performed?
**Walk**
11. If your movement was “sufficient”, what would it have scored?
**5 points**
12. If your movement was “good”, what would it have scored?
**8 points**
13. Under what bodies does vaulting run?
**EA and FEI**

*Horsemanship Section*

* Name the parts of the surcingle
**Grips or handles/girth/stirrup/side rein attachment points**
* Explain how to care for the equipment
**Keep clean, free from dust and dirt. Clean leather gently with water and leather soap. Store in dry environment away from direct sunlight**
* Name 3 points of a horse from a diagram



**Level 3 Assessment Form**  Name: ……………………………………………………

*Compulsory Section*

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Vault on | Basic Seat | ½ Flag | Plank | Inside Seat | Outside Seat | Kneel | Dismount |
|  |  |  |  |  |  |  |  |

*Signed Off*

Name: ………………………………………………… Date: ……./………/……….

*Freestyle Section*

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Static |  |  |  |  |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Dynamic |  |  |  |  |

*Signed Off*

Name: ………………………………………………… Date: ……./………/……….

*Theory Section*

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Q1 | Q2 | Q3 | Q4 | Q5 | Q6 |
|  |  |  |  |  |  |

*Signed Off*

Name: ………………………………………………… Date: ……./………/……….

*Horsemanship Section*

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

|  |  |  |
| --- | --- | --- |
| Name the parts of the roller | Explain how to care for the equipment | Name 3 points of a horse from a diagram |
|  |  |  |



*Signed Off*

Name: ………………………………………………… Date: ……./………/……….