

Vaulting South Australia Levels

Level 3

Compulsory Section

Pre-Novice Compulsories at Canter

1. Vault on
2. Basic Seat
3. ½ Flag
4. Plank
5. Inside Seat
6. Outside Seat
7. Kneel
8. Dismount to inside

**Vaulters must show all compulsories in the correct order and all exercises must be held for 4 strides*

**Mount at walk or an assisted mount will be accepted as a pass*

Freestyle Section – Walk

- 6 static moves (held for 3 strides)
- 4 dynamic moves

Theory Section

- 6 oral questions to be taken from the *Australian National Vaulting Rules* (Question bank provided)

Horsemanship Section

- Show how to tack up the horse for a training session
- Name the parts of the surcingle
- Explain how to care for the equipment
- Name 3 points of a horse from a diagram

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Accepted Questions & Answers

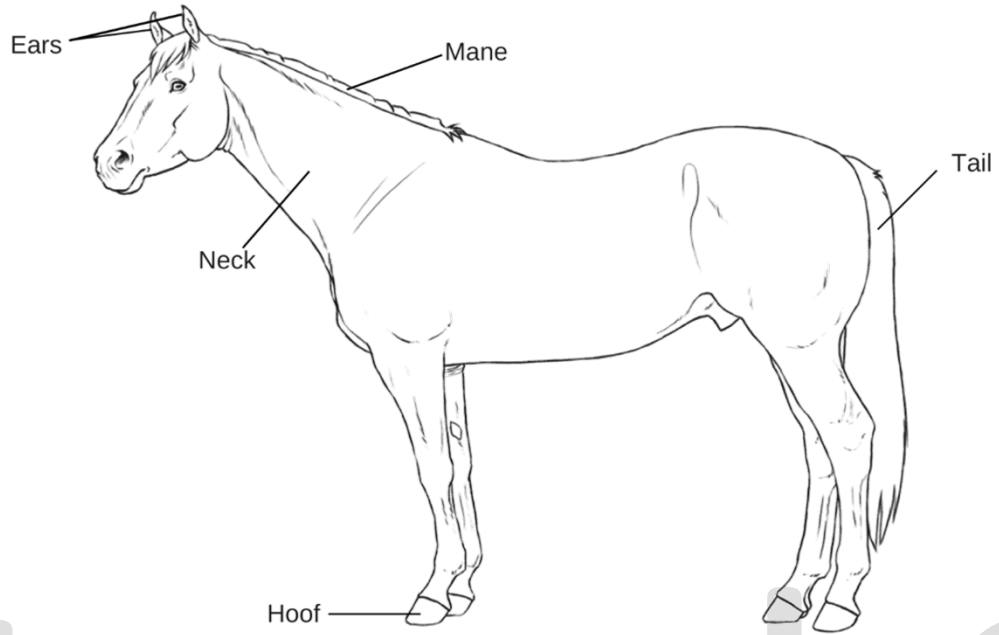
Theory Section (Choose 6)

1. Name the two parts that Pre-Novice individual vaulting consists of.
Compulsory and Freestyle
2. How long must an individual freestyle go for?
One minute
3. How many strides must you hold a static freestyle exercise at canter?
Three strides
4. What are the components in the scoring of a freestyle?
Horse Score, Technique Score, and Artistic Score
5. What is the maximum score you can get for degree of difficulty?
10
6. How many vaulters may be on the horse at any one time in squad competition?
Three vaulters
7. What is an 'R' deduction and how many points are deducted?
Retaking the grips, 2-point deduction
8. Name the three types of competition.
Squad, individual, and pas de deux
9. In what gait are the Pre-Novice compulsories performed?
Canter
10. In what gait are the Preliminary and Pre-Novice freestyles performed?
Walk
11. If your movement was "sufficient", what would it have scored?
5 points
12. If your movement was "good", what would it have scored?
8 points
13. Under what bodies does vaulting run?
EA and FEI

Horsemanship Section

- Name the parts of the surcingle
Grips or handles/girth/stirrup/side rein attachment points
- Explain how to care for the equipment
Keep clean, free from dust and dirt. Clean leather gently with water and leather soap. Store in dry environment away from direct sunlight
- Name 3 points of a horse from a diagram

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Level 3 Assessment Form

Name:

Compulsory Section

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

Vault on	Basic Seat	½ Flag	Plank	Inside Seat	Outside Seat	Kneel	Dismount

Signed Off

Name: Date:/...../.....

Freestyle Section

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

Static						
Dynamic						

Signed Off

Name: Date:/...../.....

Theory Section

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

Q1	Q2	Q3	Q4	Q5	Q6

Signed Off

Name: Date:/...../.....

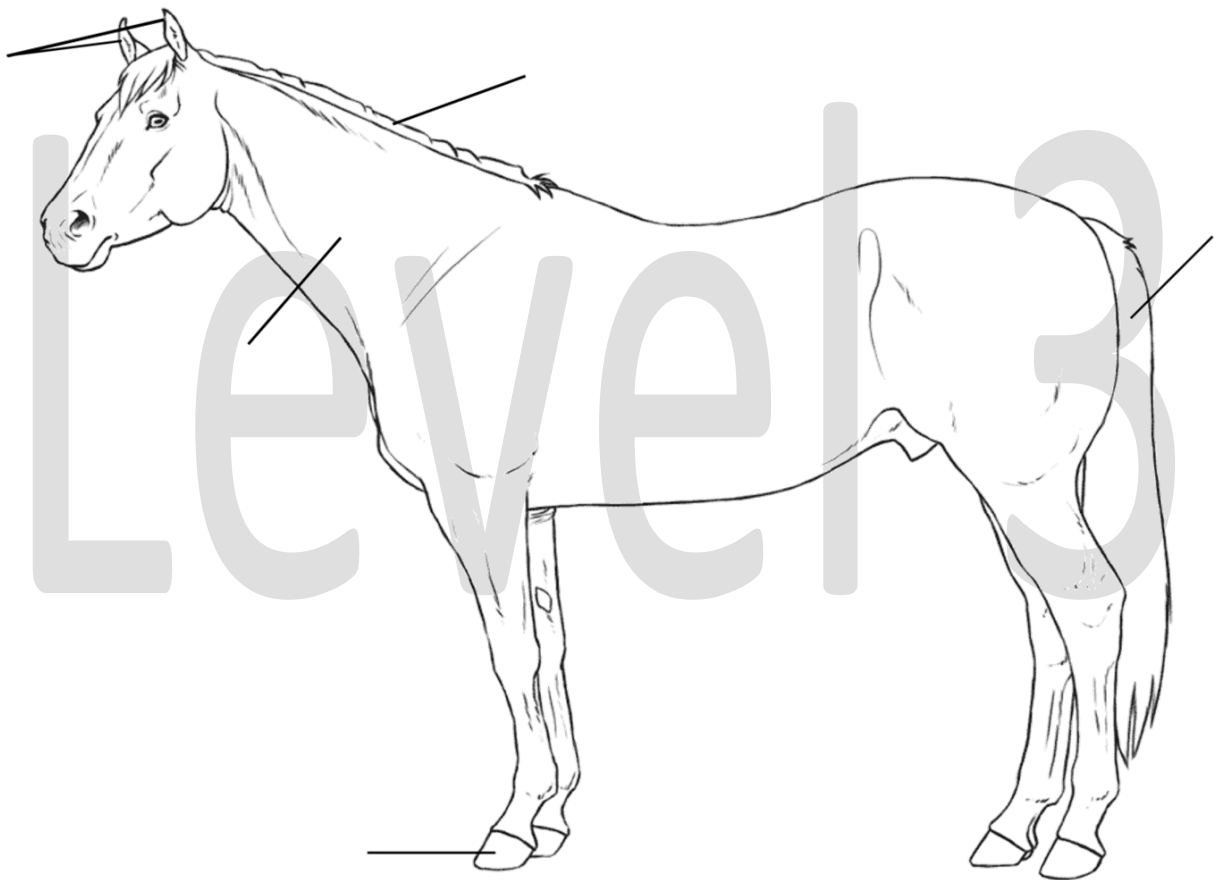
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Horsemanship Section

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

Name the parts of the roller	Explain how to care for the equipment	Name 3 points of a horse from a diagram



Signed Off

Name:

Date:/...../.....