**Level 4**

*Compulsory Section*

Pre-Novice Compulsories at Canter

1. Vault on
2. Basic Seat
3. ½ Flag
4. Plank
5. Inside Seat
6. Outside Seat
7. Kneel
8. Dismount to inside

*\*Vaulters must show all exercises at canter in the correct order*

*\*Must score a final compulsory score of 5.0 or above*

*\*Mount at walk or an assisted mount will be accepted as a pass as long as the overall score is 5.0 or above*

*Freestyle Section – Walk*

* 6 static moves (held for 3 strides)
* 4 dynamic moves
* All moves must be completed in 1 minute

*Theory Section*

* 10 oral questions to be taken from the *Australian National Vaulting Rules* (Question bank provided)

*Horsemanship Section*

* Show how to put a bridle on a horse
* Explain how to clean a stable
* Know parts of a bridle
* Know parts of the horse

**Accepted Questions & Answers**

*Theory Section* (Choose 10)

1. How many strides must freestyle exercises be held for?
**Three strides**
2. Must every vaulter in a squad show all the compulsory exercises
**Yes**
3. Name 3 pieces of equipment the vaulting horse wears in competition.
**Roller/surcingle, side reins, lunge rein, work boots/bandages, bridle, back pad, roller pad**
4. What is the deduction if a vaulter doesn’t box before a flag or stand?
**One point (K)**
5. Name one static and one dynamic exercise.
**Left to assessor’s discretion**
6. When does the time for a compulsory test start in Squad?
**When the first vaulter touches the handles**
7. What score do you get if you retake the grips twice in stand?
**Zero**
8. How many vaulters may be on the horse at any one time in Squad competition?
**Three vaulters**
9. Are you allowed to lunge in a competition if you are 15 years of age?
**No, you must be 16 for EA, 18 for FEI**
10. How many beats does the canter have?
**Three beats**
11. What is the penalty for wearing jewellery in competition?
**Deduction of 1.0 point from the Artistic Score**
12. What is the most important thing in vaulting?
**Your horse**

*Horsemanship Section*

* Show how to put a bridle on the horse
**Assessor’s discretion**
* Explain how to clean a stable
**Assessor’s discretion**
* Know parts of a bridle
**Browband, bit, cheek piece, nose band, throat latch, flash**
* Know parts of the horse
**Wither, head, poll, elbow, shoulder, flank, hock, rump**



**Level 4 Assessment Form**  Name: ……………………………………………………

*Compulsory Section*

Write score in appropriate box

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Vault on | Basic Seat | ½ Flag | Plank | Inside Seat | Outside Seat | Kneel | Dismount |
|  |  |  |  |  |  |  |  |
| **Average** |  |

*Signed Off*

Name: ………………………………………………… Date: ……./………/……….

*Freestyle Section*

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Static** |  |  |  |  |  |  |
| **Dynamic** |  |  |  |  |

*Signed Off*

Name: ………………………………………………… Date: ……./………/……….

*Theory Section*

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Q1 | Q2 | Q3 | Q4 | Q5 | Q6 | Q7 | Q8 | Q9 | Q10 |
|  |  |  |  |  |  |  |  |  |  |

*Signed Off*

Name: ………………………………………………… Date: ……./………/……….

*Horsemanship Section*

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

|  |  |  |  |
| --- | --- | --- | --- |
| Show how to put on a bridle | Explain how to clean a stable | Know parts of a bridle | Know parts of a horse |
|  |  |  |  |



*Signed Off*

Name: ………………………………………………… Date: ……./………/……….