

# Vaulting South Australia Levels

## **Level 4**

### Compulsory Section

Pre-Novice Compulsories at Canter

1. Vault on
2. Basic Seat
3. ½ Flag
4. Plank
5. Inside Seat
6. Outside Seat
7. Kneel
8. Dismount to inside

*\*Vaulters must show all exercises at canter in the correct order*

*\*Must score a final compulsory score of 5.0 or above*

*\*Mount at walk or an assisted mount will be accepted as a pass as long as the overall score is 5.0 or above*

### Freestyle Section – Walk

- 6 static moves (held for 3 strides)
- 4 dynamic moves
- All moves must be completed in 1 minute

### Theory Section

- 10 oral questions to be taken from the *Australian National Vaulting Rules* (Question bank provided)

### Horsemanship Section

- Show how to put a bridle on a horse
- Explain how to clean a stable
- Know parts of a bridle
- Know parts of the horse

## Accepted Questions & Answers

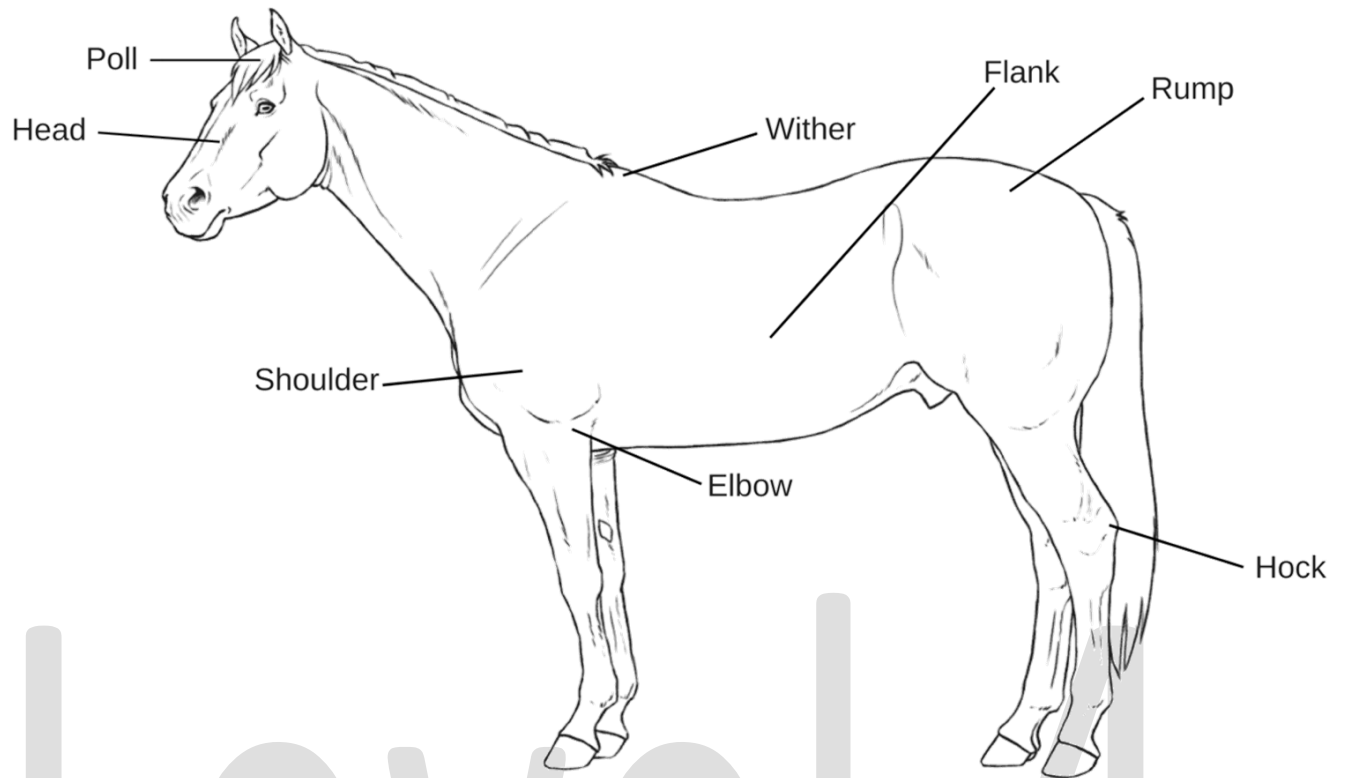
### Theory Section (Choose 10)

1. How many strides must freestyle exercises be held for?  
**Three strides**
2. Must every vaulter in a squad show all the compulsory exercises?  
**Yes**
3. Name 3 pieces of equipment the vaulting horse wears in competition.  
**Roller/surcingle, side reins, lunge rein, work boots/bandages, bridle, back pad, roller pad**
4. What is the deduction if a vaulter doesn't box before a flag or stand?  
**One point (K)**
5. Name one static and one dynamic exercise.  
**Left to assessor's discretion**
6. When does the time for a compulsory test start in Squad?  
**When the first vaulter touches the handles**
7. What score do you get if you retake the grips twice in stand?  
**Zero**
8. How many vaulters may be on the horse at any one time in Squad competition?  
**Three vaulters**
9. Are you allowed to lunge in a competition if you are 15 years of age?  
**No, you must be 16 for EA, 18 for FEI**
10. How many beats does the canter have?  
**Three beats**
11. What is the penalty for wearing jewellery in competition?  
**Deduction of 1.0 point from the Artistic Score**
12. What is the most important thing in vaulting?  
**Your horse**

### Horsemanship Section

- Show how to put a bridle on the horse  
**Assessor's discretion**
- Explain how to clean a stable  
**Assessor's discretion**
- Know parts of a bridle  
**Browband, bit, cheek piece, nose band, throat latch, flash**
- Know parts of the horse  
**Wither, head, poll, elbow, shoulder, flank, hock, rump**

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### Level 4 Assessment Form

Name: .....

#### Compulsory Section

Write score in appropriate box

Vault on	Basic Seat	½ Flag	Plank	Inside Seat	Outside Seat	Kneel	Dismount
<b>Average</b>							

#### *Signed Off*

Name: ..... Date: ...../...../.....

#### Freestyle Section

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

<b>Static</b>							
<b>Dynamic</b>							

#### *Signed Off*

Name: ..... Date: ...../...../.....

#### Theory Section

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10

#### *Signed Off*

Name: ..... Date: ...../...../.....

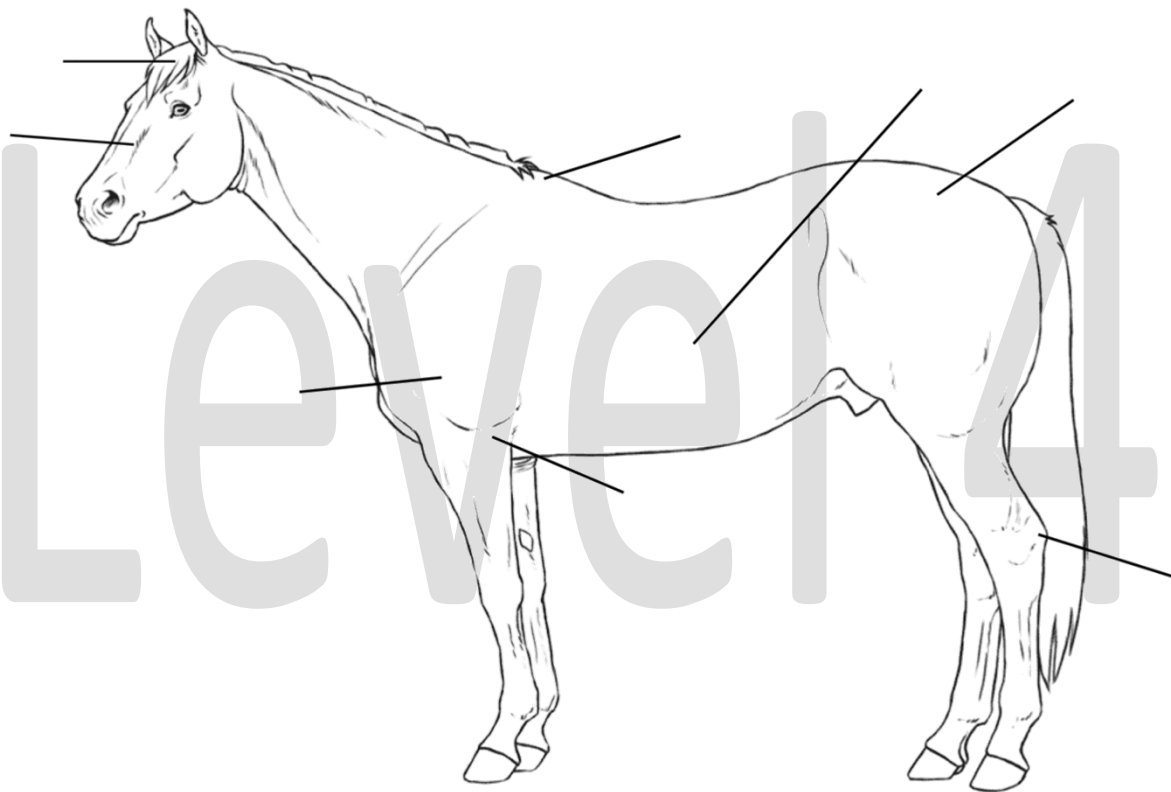
# Vaulting South Australia Levels

## Horsemanship Section

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

Show how to put on a bridle	Explain how to clean a stable	Know parts of a bridle	Know parts of a horse



*Signed Off*

Name: .....

Date: ...../...../.....