

Vaulting South Australia Levels

Level 5

Compulsory Section

Novice Compulsories at Canter

1. Vault on
2. Basic Seat
3. Flag
4. Stand
5. Swing forward with legs closed
6. Half mill
7. Swing backward with legs open
8. Dismount to inside

**Vaulters must show all exercises in the correct order at canter*

**Must score a final compulsory score of 5.0 or above*

Freestyle Section - Canter

- 3 static moves (held for 3 strides)
- 2 dynamic moves

Theory Section

- 15 oral questions to be taken from the *Australia National Vaulting Rules* (Question bank provided)

Horsemanship Section

- Complete Level 5 Horsemanship Booklet
 - Identify the points of a horse
 - Horse identification
 - Horse handling
 - Bedding
 - Explain the footfalls of a horse at walk, trot, and canter

Accepted Questions & Answers

Theory Section (Choose 15)

1. How many strides must freestyle exercises be held for?
Three strides
2. Must every vaulter in a squad show all the compulsory exercises?
Yes
3. Name 5 pieces of equipment the vaulting horse wears in competition.
Roller, side reins, lunge rein, boots/bandages, bridle, back pad, roller pad
4. What is the deduction if a vaulter doesn't box before a flag or stand?
One point (K)
5. Name two static and two dynamic exercises.
Left to assessor's discretion
6. When does the time for a squad compulsory test begin?
When the first vaulter touches the handles
7. What score do you get if you retake the grips twice in stand?
Zero
8. What is the maximum score for the degree of difficulty?
10 points
9. What is the minimum size of the vaulting circle?
15 meters
10. How many vaulters may be on the horse at any one time in squad competition?
Three vaulters
11. Are you allowed to lunge in a competition if you are 15 years of age?
No, you must be 16 for EA rules, 18 for FEI rules
12. How many beats does the canter have?
Three beats
13. What is the penalty for wearing jewellery in competition?
Deduction of 1.0 point from the Artistic Score
14. Name the degree of difficulty for a cartwheel.
Difficult
15. Name the degree of difficulty for a shoulder stand
Medium
16. Name the degree of difficulty for a double flag forward.
Easy
17. What is the most important thing in vaulting?
Your horse
18. How old must a vaulting horse be to compete?
6 years old
19. How many horse points can one horse have on one day according to EA Vaulting Rules?
18 points

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20. How many horse points for an Open pas de deux?

4 points

21. What is the allowed thickness for the back pad?

4 cm

22. How many horse points for a Novice Squad?

8 points

23. Under what bodies does vaulting run?

EA and FEI

24. In what gait is the Novice freestyle performed?

Walk

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Level 5 Assessment Form

Name:

Compulsory Section

Write score in appropriate box

Vault on	Basic Seat	Flag	Stand	Swing Forward	Half Mill	Swing Backward	Dismount
Average							

Signed Off

Name: Date:/...../.....

Freestyle Section – Canter

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

Static			
Dynamic			

Signed Off

Name: Date:/...../.....

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Theory Section

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

Q1	Q2	Q3	Q4	Q5	Q6	Q7	Q8	Q9	Q10
Q11	Q12	Q13	Q14	Q15					

Signed Off

Name: Date:/...../.....

Horsemanship Section

Pass: Indicate with a P in the relevant box (P)

Fail: Indicate with a F in the relevant box (F)

Pass/ Fail	
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Signed Off

Name: Date:/...../.....